

# 0A Sea to Sky Intergroup Meeting Directory January-February 2019

December 31, 2018

DAY	TIME	CITY	GROUP NAME	ADDRESS	NOTES	THEME	GROUP #	CONTACT NAME (P)HONE OR (T)EXT
Sunday	2:00 - 3:15 pm	VAN	Recovery Club	2775 Sophia Street (at 12 <sup>th</sup> ), Games Room, 2 <sup>nd</sup> floor	We meet on holidays	BB	13899	Serena 778-848-0215
Monday	7:30 - 8:30 pm	WHTHRS	One Aurora	4071 4 <sup>th</sup> Avenue (@ Hawkins Street), YUKON	Meets on the 1 <sup>st</sup> and 3 <sup>rd</sup> Mondays of each month	ST, TR, OA Lit	41174	Barbara 867-667-4019
	7:30 - 8:30 pm	WROCK	Monday Night Lifeliners	Avalon Women's Centre, 1548 Johnston Road Enter parking lot behind building – off George St.	<b>Women Only</b> (building policy) (Buzzer faulty; meeting host checks the door for first 30 minutes) We meet on holidays.	ST, TR, T, L ♿	53510	Carolyn 604-551-8960 Raena 778-863-8725
	7:30 - 8:45 pm	VAN	Shaughnessy	Fairview Baptist Church, 1708 West 16 <sup>th</sup> Avenue	<b>SCENT- &amp; PET-FREE.</b> We meet on holidays	ST, TR, SP, ♿	03447	Stella 778-363-1991
Tuesday	12:05 - 12:55 pm	VAN	Brown Baggers	Christ Church Cathedral, 690 Burrard Street	Enter through the lower doors, in Meeting Room A	BB ♿	30418	Sonya 778-686-5352
	7:00 - 8:15 pm	VAN	People in Recovery	Three Bridges, 1128 Hornby Street	2 <sup>nd</sup> Floor. Lobby Concierge provides escort to room.	ST, TR, ♿	28913	Brita 604-910-0085
	7:15 - 8:30 pm	RCHMD	Soul Food on Five	Trinity Pacific Church, 10011 No. 5 Road, Richmond	In the main chapel/library room	ST, TR, L, BB ♿	39527	Sharlie 604-358-3242 Betty Lou 778-322-8437
	7:15 - 8:30 pm	COQ	Coquitlam	King of Life Church, 1198 Falcon Drive	Candlelight sharing	ST, TR, SP, BB, LR, ♿	52617	Mikayla 604-949-0747 Marty 604-761-1949
	7:30 - 8:45 pm*	NVAN	OA Study Hall	Alano Club, 176 E 2 <sup>nd</sup> Street (at St. Georges), North Van	OA Literature & writing focus, "study hall style" in the big hall, past the cafeteria to the right. Bring your journal and BB / OA literature with you.	♿ LR	*new	Jennifer 604-970-1614
Wednesday	12:05 - 12:55 pm	VAN	Brown Baggers	Christ Church Cathedral, 690 Burrard Street	Enter through the lower doors, Meeting Room A	ST, ♿	30418	Dan 604-681-0387
	7:00 - 8:30 pm	LNGLY	Serenity	Douglas Rec Centre, 20550 Douglas Crescent	Games room	ST, TR, BB, ♿	38854	Faye 604-427-0066
	7:45 - 8:45 pm	EVAN	A Vision for You East Vancouver	Britannia Ice Rink Building, Britannia Community Centre 1661 Napier Street @ Commercial	Ice Rink bldg. Upper Level; left side of rink, in Activity Room. Meeting space can change within the Community Centre – call contact number if lost.	BB, ♿	54855	Tim 778-835-6469 Chelsea 604-836-8715
Thursday	1:30 - 2:30 pm	LDNR	Thursday Thrivers	Ladner United Church, 4960 48 <sup>th</sup> Avenue	<b>SCENT-FREE</b>	ST, SP, ST, TR, (T) ♿	54416	Patti S. 604-323-3783
	7:30 - 8:45 pm	NVAN	North Shore OA Recovery	Alano Club, 176 E 2 <sup>nd</sup> Street (at St. Georges)	Hallway on the left, last door on the right	ST, TR SP, T, ♿	51596	Susan 604-916-2247 Mellissa 778-233-4544 T/P
	7:30 - 9:00 pm	CLVRDL	Cloverdale	Cloverdale United Church, 17575 – 58A Avenue	Enter parking lot behind church, off 59 <sup>th</sup> Avenue	ST, TR, T, ♿	13924	Leona 604-590-2858 Sonia 604-582-1235
	7:30 - 8:45 pm	VAN	Attitude of Gratitude	Avalon Women's Centre, 5957 West Boulevard @ 43 <sup>rd</sup> Avenue	<b>Women only</b> (building policy)	ST, TR, T, L, ♿	40070	Marlowe 604-874-7428
Friday	7:15 - 8:15 pm	VAN	West End Recovery	Barclay Manor, 1447 Barclay Street	Enter at rear of house - Parking limited! Closed on Statutory Holidays - Podium meeting	T, BB, L ♿	11828	Denise 604-729-3457
Saturday	9:00 - 10:15 am	VAN	Simply Saturday	Recovery Club, 2775 Sophia Street (at 12 <sup>th</sup> Avenue)	Games Room, 2 <sup>nd</sup> Floor - We meet on holidays	ST, T	51006	Isabella 604-618-0830
	10:30 - 11:30 am	CHLWCK	Chilliwack	St. Thomas Anglican Church, 46048 Gore Avenue		ST, TR	40373	Wendy 604-445-9551 T/P
	10:30 - 11:30 am	VAN	Stepping Out	Fairview Baptist Church, 1708 West 16 <sup>th</sup> Avenue	<b>SCENT-FREE</b> - We meet on holidays	ST, TR, SP, ♿	35078	Patti S. 604-323-3783 Christa 778-870-0831

\*= New Meeting BB=Big Book FT=For Today L=Lifeline LR=Literature SP=Speaker ST=Steps T=Topic TR=Traditions ♿=Wheelchair Accessible

## Phone Buddies

Having a problem? Is your sponsor unavailable? Call a phone buddy. Please respect the tradition of anonymity when speaking to other household members. To volunteer as a phone buddy, please contact the Telephone Committee Coordinator.

**P**=Phone, **T**=Text, **E**=Email

Christa S.	778.870.0831	P or T	24 hours
Gail L.	604.299.1115	<b>P only</b>	24 hours
Tim C.	778.835.6469	P or T	24 hours
You?	<b>Your info</b>	<b>could</b>	<b>be here!</b>

## Board Members

Chairperson	Carlos	604.671.5917	chair.oaseatosky@gmail.com
Vice Chairperson	Open		vicechair.oaseatosky@gmail.com
Secretary	April	604.353.3130	secretary.oaseatosky@gmail.com
Treasurer	Tim	778.835.6469	treasurer.oaseatosky@gmail.com
Assistant Treasurer	Alicia	604.356.2442	alt.treasurer.oaseatosky@gmail.com
Literature Coordinator	Serena	778.848.0215	literature.oaseatosky@gmail.com
Assistant Literature Coordinator	Open		alt.literature.oaseatosky@gmail.com
World Service Delegate	Faye	604.427.0066	world.service.oaseatosky@gmail.com
Alternate WS Delegate	Calen	604.220.0918	alt.world.service.oaseatosky@gmail.com
Retreats/Marathons Coordinator	Carolyn	604.551.8960	retreats.and.marathons.oaseatosky@gmail
Newsletter Editor	Jennifer	604.970.1614	seatoskynews@gmail.com
Telephone Committee Coordinator	Denise	(Interim)	604.729.3457 telephone.oaseatosky@gmail.com
Meeting Directory Coordinator	Mellissa	778.233.4544	meetingdirectory.oaseatosky@gmail.com
Public Info/Prof. Outreach Coord'r	Greta	604.520.0703	pipo.oaseatosky@gmail.com
12 <sup>th</sup> Step Within Coordinator	Cheri	604.773.1232	12th.step.within.oaseatosky@gmail.com

For any meeting changes to this directory, email the Meeting Directory Coordinator. To update meeting information on the Overeaters Anonymous WSO web site, go to [oa.org/edit-a-meeting](https://oaseatosky.com/oa.org/edit-a-meeting).

Come to an Intergroup meeting and help fill an open position. For more information on Intergroup and job descriptions visit <https://oaseatosky.com/sea-to-sky-intergroup/>. At present, some of the qualifications for board positions have been waived. If you are interested in filling a position, please contact the Chair.

# January-February 2019 Meeting Directory



## SEA TO SKY INTERGROUP

### Upcoming Intergroup Meetings:

Saturday, January 26, 2019 and Saturday, February 23, 2019  
10:00 a.m. - 12:00 p.m.

Intergroup meets at the **Unity in Action Church**  
1630 Edinburgh Street, New Westminster

**Everyone is welcome!**

*Please note: This is a scent-free meeting. Wheelchair accessible.*

Sea to Sky Intergroup #09217	World Service Office of OA
P.O. Box 1206 R.P.O. Metrotown Burnaby, BC V5H 4J8 Tel: 604-878-4575	P.O. Box 44727 Rio Rancho, NM 87174-4727 USA www.oa.org
Website: <a href="http://oaseatosky.com">http://oaseatosky.com</a>	<b>We are part of OA's Region One</b> Website: <a href="http://www.oaregion1.org">http://www.oaregion1.org</a>

God, grant me the serenity to accept the things I cannot change,  
The courage to change the things I can,  
and the wisdom to know the difference.  
Grant me patience with the changes that take time; an appreciation  
for all that I have; tolerance for those with different struggles;  
and the strength to get up and try again – one day at a time.  
Your will, not mine, be done.